

1. MONOLOGUE

PIRMOJO POROS KANDIDATO

Time: 3–4 minutes

Topic: **Modern Life & Balance**

Task: Read the statement and answer the questions below.

Balance in life is not something people find, but something they have to create.

- What is your reaction to the content of the statement? Justify your answer by explaining why.
 - Why can fast-paced lifestyles affect people's well-being, and how serious do you think these effects can be?
 - What could help young people achieve a better balance in their daily lives, and why would this be effective?
- ❖ *Additional question: Do you think modern life will become more balanced or more demanding in the future? Why?*

1. MONOLOGUE

ANTROJO POROS KANDIDATO

Time: 3–4 minutes*Topic:* **Boredom & Creativity***Task:* Read the statement and answer the questions below.

Some people believe that moments of boredom can encourage curiosity and lead to more creative thinking.

- What is your reaction to the content of the statement? Justify your answer by explaining why.
 - Why do many young people see boredom as something negative, and how can this influence the way they use their time?
 - How could young people use free time more creatively, and why would this approach work?
- ❖ *Additional question: Do you think life was more boring for people in the past than it is today? Why or why not?*

2. DIALOGUE

KANDIDATŲ POROS

Time: 4–5 minutes*Topic:* **Following Rules at School: Fairness or Limitation?**

Situation: Together with your partner, you are taking part in a creative lab for young content creators. You are working to prepare an educational podcast that addresses the topic above and why it is relevant to your generation. The podcast should last ten minutes and offer practical and convincing advice.

Task: In your discussion, exchange the following information:

- consider why the topic matters,
- explore **both** perspectives on the topic,
- agree on at least one piece of advice young people could follow, and justify why this advice would be helpful.

Candidate 1 starts the conversation.